



## Goals of Lessons

Beekman Recreation Aquatics Department offers affordable Red Cross Swimming Lessons and a Swim Team so that youth have the opportunity to develop aquatic sports as a lifelong interest and healthy leisure activity.

## Values of Lessons

Beekman Rec believes that swimming is an integral part of a child's summer experience. We take pride in delivering an enjoyable and rewarding swim lesson experience. Our instructors are certified as Water Safety Instructors by the American Red Cross.

## Tips for Aquatic Activities

- Discourage your swimmer from using nose plugs as they become dependent.
- Apply sunblock 30 minutes before lessons to allow the skin to absorb it, otherwise it washes off quickly.
- Review the beach rules with your child before coming to the beach

## Dates to Remember!

**Beach Opening Day:** Wed. June 20, 1:15

**Beekman Community Day :** Sat. July 21, rain date July 21. Discover all the organizations, programs, businesses and fun available to you in Beekman as you stroll among the many booths, games and activities. Enjoy music, a huge waterslide, bounce houses, fireworks and more! Wristbands are required and are free to residents, their guests, and program participants

**Annual Proof of Residency:** a tax or utility bill naming the family proves residency when combined with a Government Issued Photo ID (ex. Driver's License) to prove identity. **Both documents must be shown to staff.**

## Safety Guidelines

Our swimming area is created by water diverted from the Fishkill Creek. Once in our lake, the water is chlorinated. The Dutchess County Health Department regulates our swimming area and inspects it frequently. In order to comply with the Health Department, we have to maintain four feet of water clarity to open our deep sections.

Periodically, after heavy rains that stir up the creek supplying water to the swimming area, or on heavy beach use days, we may have to temporarily close our deep sections if we do not have four feet of water clarity. The safety of our patrons is our top priority. We apologize for any inconvenience closures may cause and ask for your patience and understanding.

## Safety Drill Closures

The beach will be closed randomly each week for one half-hour so the lifeguards can perform safety drills. Watch your guards in action.



## Beekman Recreation & Parks

*For a healthy and active lifestyle!*

Gatehouse, Rec Center Park, 29 Rec Center Rd.,  
Hopewell Junction, NY 12533

Beach Office: 845-223-6970 (seasonal)

Rec Office Phone: 845-227-5783

Fax: 845-227-9685

e-mail: [recassistant@townofbeekmanny.us](mailto:recassistant@townofbeekmanny.us)



[www.beekmanrec.com](http://www.beekmanrec.com)  
[www.facebook.com/BeekmanRec](http://www.facebook.com/BeekmanRec)



## Swim Lessons

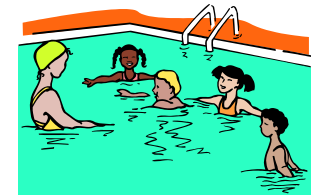
**Confidence & Skill Development**

**2018**

## Caregiver & Me Lessons



## Group Lessons



## Private Lessons



## Lifeguard Certification

The mission of the Town of Beekman Recreation & Parks Department is to provide recreational opportunities which will encourage a healthy and active lifestyle. We strive to promote lifelong leisure skills and to enhance the quality of life and sense of community for all residents of the Town of Beekman.

## Group Lessons & Care Giver & Me Lessons

### Caregiver and Me

For non-swimmers too young for group lessons. Trained staff will provide assistance in helping a Caregiver help their child adapt to the water prior to them registering for individual swim lessons. Classes are held session 1 ONLY. Successful completion of this class may qualify a child under the age of 4 for Level 1 Lessons.

### Learn to Swim Group Lessons

Instruction is offered in Levels 1 through 6 at various times Monday-Friday in each of our four, two-week sessions\*. Classes are weekdays for 30 minutes. Level 6 is offered in Session 3 only. The number of classes per level depends upon enrollment. Unfortunately, we may have to cancel or combine classes depending upon enrollment. Please see our Cancellation Policy in this brochure for more information. The Level 6 topic is "Personal Water Safety" and it will be offered only if we receive enough candidates. All students must be tested prior to registering for any given level.

### Sessions for Group Lessons

Session 1: June 25-July 06\*

Session 2: July 9-20

Session 3: July 23-Aug.3

Session 4: Aug. 06-17

\*No classes July 4th

### Group Lesson Fees

Waterfront Members:	\$40
Resident Non-members:	\$50
Non-Residents:	\$80

### Multiple Child Discounts

The following discount applies to Group Swim Lessons

1st & 2nd child:	Full price
3rd child:	25% off
4th child:	50% off
5th child:	75% off
6th child:	Free

### Cancellation Policy

If a group lesson contains less than 5 students, it will be cancelled or combined with another level at the staffs' discretion. If your child's lesson is cancelled or changed, we will do our best to notify you before the session begins. You may sign up for another time slot, wait until the next session, or receive a credit or refund if your lesson is moved or cancelled.

### Swim Testing for Group Lessons

Registration & payment for Levels 1-6 will only be taken AFTER the child is swim tested

- Swim test dates and times are Wed.- Fri. 6/20-22, 4-6:30pm
- Only Waterfront Members can register for Swim Tests on June 20
- Only Waterfront Members & Residents can register for Swim Tests on June 21
- Registration for each test date and time ends when full or at midnight prior to the test date, whichever comes first
- Once a session has started you cannot register for that class.



**American  
Red Cross**

### Guidelines

- Lessons for Levels 1-6 are available for children ages 4 and up. **Please consider your child's maturity and attention span before signing them up.**
- Level 1 Lessons may be offered to children under the age of 4 ONLY upon SUCCESSFUL completion of the Caregiver & Me class.
- **All registrants** for Levels 1-6 are required to be pre-tested to determine the appropriate level placement. All level placements are at the discretion of the instructors according to swimmer's ability and Red Cross guidelines.
- We do not schedule make-up lessons if the lesson is cancelled for inclement weather, aquatic emergencies, or if your child simply cannot make a lesson. There are no refunds for missed lessons.
- Students are required to have a land-based safety lesson for each Level.
- Campers taking lessons after camp, must be signed out by an adult and taken to lessons by that person.
- Children can only be signed up for one session at a time. Towards the end of a session, the Water Safety Instructor will indicate the level a child may be signed up for should another session of lessons be requested. Such sign ups will begin the second Friday of each session.

## Private Lessons

Are offered to any aged applicant. Skills will be assessed at the lesson. Private lessons are offered by appointment.

Fee: \$30M, \$40R/NM, \$50NR/NM

## Lifeguard Certification

Pass the class to obtain Waterfront Lifeguard, First Aid and CPR certifications. Must be able to swim 550 yards and retrieve a cement block from the bottom of the lake prior to the start of class.

**Dates & Fees TBA** - check website



## Inclement Weather Beach Policy

- The Beach is closed during inclement weather at the discretion of our staff.
- Group swim lessons are moved to "dry land" training during the first inclement weather. Subsequent lessons are cancelled.
- Private swim lessons are rescheduled if beach closes.
- Changes in the schedule will be posted as an "Alert" on the website home page and on the voice mail on the Beach phone
- There are no refunds for inclement weather.

## Program Transfer Fees

There is a \$10 fee anytime a participant changes sessions, dates or programs

## Refunds

- All cancellation/refund requests must be in writing
- A prorated refund minus a \$15 Cancellation fee will be applied if a replacement can be found
- A doctor's note is required prior to the end of the program for requests related to illness or accident
- A full refund will be given for any program cancelled by the Recreation Department due to lack of enrollment.
- No refunds are made due to acts of God/ weather if the Town has already incurred expenses