

Goals of Swim Team

Beekman Recreation Aquatics Department offers affordable Red Cross Swimming Lessons & Swim Team so that youth have the opportunity to develop aquatic sports as a lifelong interest and healthy leisure activity.

Tips for Aquatic Activities

- Discourage your swimmer from using nose plugs as they become dependent.
- Apply sunblock 30 minutes before practice to allow the skin to absorb it, otherwise it washes off quickly.
- Review the beach rules with your child before coming to the beach.

Refunds Info

- A full refund will be given for any program canceled by the Recreation Department due to lack of enrollment
- No refunds are made due to acts of God/weather
- All cancellation/refund requests must be in writing
- A prorated refund minus a \$15 Cancellation fee will be applied if a replacement can be found
- A Doctor's note is required prior to the end of the program for requests related to illness or accident

Inclement Weather Beach Policy

- The Beach is closed during inclement weather at the discretion of our staff.
- The beach, mini-golf, volleyball and all outdoor activities are suspended for 30 minutes whenever thunder is heard or lightning is seen; we ask patrons to seek shelter in the pavilion or their cars.
- Swim Team may be moved to dry land training or cancelled at the discretion of our staff
- Changes in the schedule will be posted as an "Alert" on the website home page and on the voicemail on the Park Manager's phone, 845-223-6970
- There are no refunds for inclement weather



Safety Guidelines

Our swimming area is created by water diverted from the Fishkill Creek. Once in our lake, the water is chlorinated. The Dutchess County Health Department regulates our swimming area and inspects it frequently. In order to comply with the Health Department, we have to maintain four feet of water clarity to open our deep sections.

Periodically, after heavy rains that stir up the creek supplying water to the swimming area, or on heavy beach use days, we may have to temporarily close our deep sections if we do not have four feet of water clarity. The safety of our patrons is our top priority. We apologize for any inconvenience closures may cause and ask for your patience and understanding.

Safety Drill Closures

The beach will be closed at a different time each week for one half-hour so the lifeguards can perform safety drills. Watch your guards in action.



Beekman Recreation & Parks

For a healthy and active lifestyle

Gatehouse, Rec Center Park 29 Rec Center Rd.,

Hopewell Junction, NY 12533

Beach Office: 845-223-6970 (seasonal)

Rec Office Phone: 845-227-5783

Fax: 845-227-9685

e-mail: recassistant@townofbeekmanny.us



www.beekmanrec.com
www.facebook.com/BeekmanRec



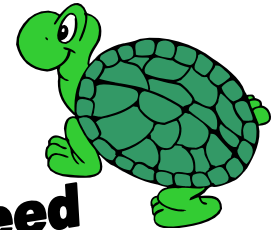
Beekers Swim Team

Skills, Confidence & Leadership

2018

Early Bird
Discount in
place until
May 1st!

Swimming **Water Safety**



Speed

Games

Friends

Skill Development

The mission of the Town of Beekman Recreation & Parks Department is to provide recreational opportunities which will encourage a healthy and active lifestyle. We strive to promote lifelong leisure skills and to enhance the quality of life and sense of community for all residents of the Town of Beekman.

Swim Team Values

Beekman Rec believes that swimming is an integral part of a child's summer experience. We take pride in delivering an enjoyable and rewarding Swim Team experience.

Building leadership is part of our program. Older, more experienced swimmers will be selected and trained to help newer, younger, less experienced swimmers.

Our coaches are certified as Water Safety Instructors by the American Red Cross.

Paper Plate Awards

A Beeker Annual Tradition, the coaches create an individual award for each swimmer and present them at the end of season Paper Plate Award Party.

Marylou Gotsch Sportsmanship Award

Will be awarded to one swimmer at the end of season Paper Plate Award Party to the swim team member that most embodies the spirit of former Director, Marylou, by helping out with the team and volunteering their time

Important Dates

First Practice: Mon. 6/25
Parent/Coach Meeting: Tues. 6/26, 5pm
on the beach
Swim Suit Company Visit: Wed. 6/27, 3-5pm
Paper Plate Award Party: Wed. 8/1
Championships: Fri. 8/3

Times

Swim Team practices 4-6pm weekdays. Different age levels will be assigned different times within that two hours:

Ten and under: 4pm

Eleven and older : 5pm

Older more experienced swimmers will be Junior Coaches in Training and assist with younger swimmers at 4pm. They may receive Community Service Credit for this.

Rec Department Responsibilities

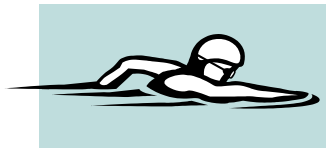
The Recreation Department will collect and use fees to provide coaches for practices & meets; all other functions of the team must be provided by the Parent Organization.



Parent/Guardian Responsibilities

The Beekers Swim Team operates through a cooperative agreement with the Town of Beekman Rec Department and the Beeker's Parents. In order to maintain our team in these difficult economic times each family **must provide:**

- **Parent Service Time:** for such things as attendance, bake sales, timing, ribbon writing and tallying, and end of year party
- **Fundraising help:** to raise money for trophies, ribbons, parties, timers, and other related items
- **Refreshments:** all families are asked to provide items for at least 3 meets' concession
- **THREE days advance notice** to the coaches if a child is not able to make a scheduled meet
- **A responsible adult to get children to and from Swim Practices and Swim Meets and to be present during the same,** for youth 12 and under. Our coaches can only be responsible for swim team members when the children are in the docks with the coaches. If a child needs to use the bathroom they will be sent off the docks to find the responsible parent. If the child is 12 or older, the child will be sent alone to the bathroom if the parent is not present. Parents of 12+ children that are not comfortable with this procedure should be present during the program.
- **Support for all the rules** on the next flap



Rules

- Youth must be able to swim 25 yds unattended
- Missing multiple practices may result in being scrubbed from meet. This is at the coaches discretion
- Non Team siblings must be supervised at all times
- **Any non-swim team members using the lake MUST use the Patron Beach and follow the applicable rules; no one should enter or DISTURB the water in and around the Swim Team Docks**
- NO ONE should enter the creek
- Only swim team members in the current practice, and the assigned volunteers and staff are permitted on the docks
- Any children coming to practice from Day Camp must be signed out of Day Camp by a parent/guardian or after care staff

Fees

Fees cover coaching expenses and are paid to the Town of Beekman. **Register for Waterfront Membership by 5/1 for the Early Bird Discount**

	Before 5/1	After 5/1
Waterfront Members:	\$40	\$50
Resident* Non-members:	\$50	\$60
Non-Residents:	\$65	\$75

***Annual Proof of Residency:** a tax or utility bill naming the family proves residency when combined with a Government Issued Photo ID (ex. Driver's License) to prove identity. **Both documents must be shown to staff.**

Multiple Child Discounts

The following discount applies Camp, Swim Lessons & Swim Team:

1st & 2nd child:	Full price
3rd child:	25% off
4th child:	50% off
5th child:	75% off
6th child:	Free