

Umbrella Mobile

Supplies:

- Large paper plate
- Paints, water and brushes or markers or crayons
- Scissors
- Sticky tape or stapler
- Pipe cleaners or stick
- String or white yarn
- Blue construction paper or copy paper, or color white paper with paint or crayons

Location: Picnic table

Directions:

- Decorate the large plate with paint or markers and set aside to dry
- Draw and cut out the raindrops
- Tape string or white yarn to them
- Bend the pipe cleaner to make a “J”
- When dry, cut the plate in half
- Cut on side in half again without cutting all the way through
- Slide the other half through to make an “X”
- Tape the pipe cleaner to the center of the plates
- Tape the raindrops around the plate



#beekmanreccampactivities

Town of Beekman Recreation and Parks Park Lover Activity Book Summer Edition 2020 Campactivities Volume 1



Bringing Campactivities to Your Family!

We are missing all our campers this summer and wanted to provide families with some camp activities that your family can enjoy in our parks. We have selected some activities normally planned for camp and adapted them for families to enjoy together. We tried to select activities needing minimal supplies, and have listed possible substitutions you might have in your home! Be sure you are saving the cardboard centers of toilet paper rolls! Campactivities can be enjoyed in our Beekman parks:

- Rec Center Park
- Town Center Park
- Doherty Park

Share your campactivity fun with us on social media:

- #beekmanreccampactivities
- #ilovesummer

<https://www.facebook.com/BeekmanRec/>

www.beekmanrec.com



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Poison Ivy

*Leaves of three,
leave them be!*

Supplies: Markers

Location: Rec Center Park

Directions:

- *In the summer the leaves are green and often shiny*
Color the leaves green
- *The leaves are connected to the vine by a "petiole". Sometimes the joint where the petiole joins the vine it has a reddish color.*
Color some of the petioles red
- *In the fall the vine grows white berries. Don't touch them! They are poisonous!*
Draw some white berries.
- *As the vine gets older it grows hairs which have the oil that makes you itch! Don't touch hairy vines even in the winter!* **Draw in some hairs on the vines.**
- **Find poison ivy in Rec Park and take some photos of it showing the leaves of three and the hairy vines.**



There are oils on my leaves, my vines and my berries that will give you an itchy rash. Don't touch me EV-ER. Even in fall when my dead leaves are a pretty red! Even in winter when all you can see is my hairy vine! The oils are on the hairs!

Insect Craft

Supplies:

- Toilet paper roll centers
- Glue
- Scissors
- Colored paper or white paper and crayons, markers or paint
- Googly eyes or markers
- Pipe cleaners or construction paper

Directions:

Use your creativity and the plethora of toilet paper roll centers (that must be at your house!) to create an insect of your choice. Use one of the ideas below, or make up one or more of your own!



Veg-Off

Supplies: Your own creativity

Location: Small flat area in any Beekman park

Directions:

For this activity, imagine that vegetables have a life of their own when we are not looking ... they may be in the fridge, but when we close the door, they come to an active life!

Split the family into buddy pairs

Have buddies stand back to back for a SHOWDOWN!

Another member of the family should tell them to take 3 steps away from each other and then turn and face each other with a menacing face for the SHOWDOWN!

Then that family member should call out a vegetable and the buddies need to move and make a shape and noise like that vegetable would make!

The remainder of the family will judge/critique the veggies

Make sure all members of the family have a turn in the SHOWDOWN

Modification:

Do fruits instead of veggies

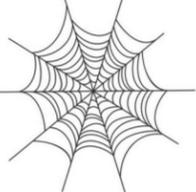
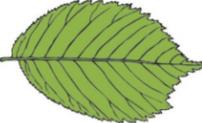
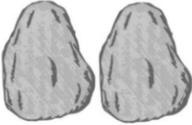


Nature Scavenger Hunt

Supplies: Markers or pencils

Location: Doherty Park

Directions: Go on a Nature Scavenger Hunt on the Doherty Park Nature Trail and mark off each thing you find

 bird	 tree roots	 ant	 spiderweb
 green leaf	 acorn	 flower	 log
 two similar rocks	 mushroom	 squirrel	 tall grass
 stick that looks like a letter 'y'	 flying bug	 brown leaf	 cloud
 dandelion	 animal footprints	 wild berries	 pine cone

Plant Adaptions to their Environment

Supplies: Markers, blank paper, and for optional enrichment see below

Location: Recreation Center Park or Doherty Park Nature Trail

Background: We have LOTS of different kinds of plants in the park. Plants need sun, water and nutrients to live and each plant finds a unique way to obtain those things. That is, each plant is “adapted” to get sun, water and nutrients in its own way. See some of the ways below.

Directions:

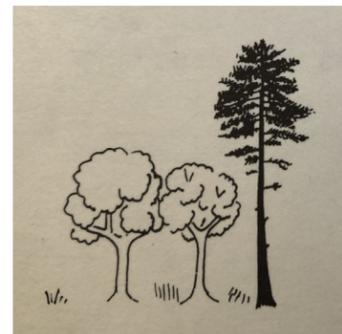
- See if you can find a plant in the park that is adapted the same way as those below - but may not LOOK the same as the one in the picture.
- Put an “x” through ones that you find

Optional: Sketch or take a picture of what you find

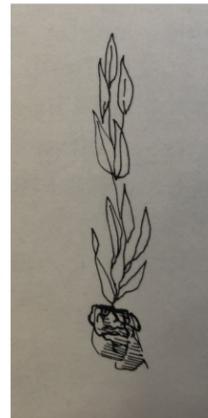
Enrichment option: Using craft materials, CREATE/INVENT a plant that is adapted to be:

- What animals would NOT want to munch on
- Lawn Mower proof
- Able to store water
- Able to float on water

Adapted to be taller than the other plants to reach the sun-



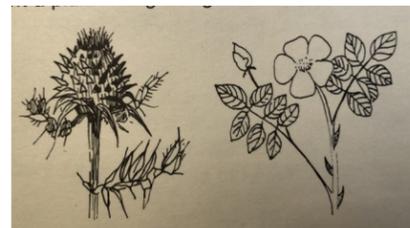
Adapted to cling to rocks in the creek



Adapted to be lawn mower proof



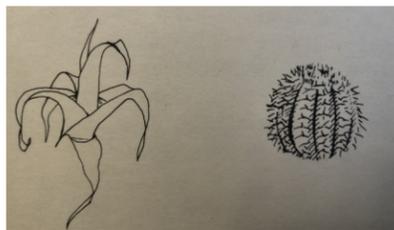
Adapted so animals will NOT want to eat



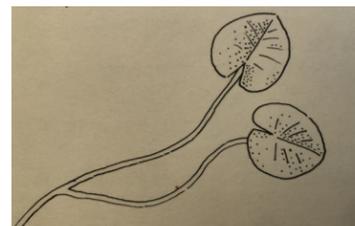
Adapted to withstand high winds



Adapted to store water



Adapted to float on water



Adapted to catch insects



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Exaggeration Circle

Supplies: none

Location: Flat, grassy area free of rocks and roots in any Beekman park

Directions:

- Sit your family in a circle
- One family member starts a small gesture
- The member next to them takes it over and makes it even bigger
- This continues all the way around until the last person takes it to the EXTREME
- After a couple times with just movement, add a sound as well



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Triangle Tag

Supplies: Just your family!

Location: any flat, grassy area free of rocks and roots in any Beekman park

- Ideally make groups of 4, but adjust for your family size
- One is the “tagger”
- The other three should join hands
- One is designated to be tagged
- The other two (or more) are protectors
- The tagger must try to tag the person designated to be tagged while the group spins and tries to keep the person safe
- The tagger cannot reach through the circle of hands



Mission Possible?

Supplies: Writing implement, sleuth eyes, snockers (sneakers & socks)

Location: Recreation Center Park

Directions:

- Your mission if you accept it is to find the 15 Golden Orders posted in the park and follow the commands on each order
- This activity is spread throughout Rec park and begins at the Rec Office
- Start with number 1 and from each numbered order, you should be able to see the next one.
- Put any notes you would like about your mission on the numbered lines below.

Mission Notes

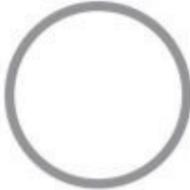
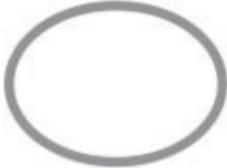
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I Spy Shapes

Supplies: Markers or pencils

Location: Town Center Park Walking Path

Directions: Shapes are everywhere. Go on a walk in the park and find something in the park for each shape below and draw it in the box beneath the shape

2D: Circle 3D: Sphere	2D: Oval	2D: Semi-circle
		

2D: Square 3D: Cube	2D: Rectangle 3D: Rectangular Prism	2D: Triangle 3D: Pyramid
		

Trust Walk

Supplies: bandanas, rope to define large area, various objects to put in the area to make obstacles: can be pails, balls, twigs - be sure to clean up area when done!

Location: Large, flat grassy area free of rocks and roots that is defined with a border in any Beekman park

Directions:

- Place obstacles in the defined area
- Divide your group in pairs/buddies
- Explain that one of each buddy pair will be blindfolded and have to walk to the other side of the defined area without touching any of the objects
- With their backs to the defined area, blindfold one of each buddy pair
- The sighted buddy is to walk behind the blindfolded buddy and softly give them directions such as:

Forward
Stop
Right
Left
Jump

- Upon reaching the other side the blindfold can be removed and the individual can look back at the obstacle they avoided with their buddy
- From that side, the buddies should switch roles and move to a different point along the line to begin the blindfold walk

