

Senior Citizen Transportation Assistance



in

Beekman



*There is no one service that provides transportation to
Seniors in Beekman for all situations*



This Guide was created by the Recreation and Parks Department as an attempt to explain the various services that are available with contact information or a web site for more information for each service

Who: Dutchess County Loop Bus Service

What: Public transportation along specific routes at specific times

When: See schedule for Route E

Where: Route E goes between Wingdale, Pawling, Beekman, Lagrange and Poughkeepsie where it links to other routes

How: Map your trip here

<http://www.co.dutchess.ny.us/CountyGov/Departments/MassTransit/19226.htm>

Cost: 75 cents one way for Seniors

Who: Dutchess County Loop Bus Flex Service

What: Custom bus service provided by the County

Where: Curb to Curb

When: By appointment between 9:45am and 12:45pm

How:

1. File an application with the County
2. Call 845-473-8424, three to thirty days in advance to make appointment
3. Limited opportunities, first come, first served so call as early as possible

Cost: Fee each way is \$5 within Town of Beekman and \$6 beyond Town of Beekman

Who: Friends of Seniors (FOS)

What: A volunteer non-profit that tries to provide

1. Transportation for seniors to non-emergency medical appointments including doctor visits, labs, physical therapy, dental appointments, dialysis and surgical procedures
2. Assistance with grocery shopping, either for or with a senior depending on the individual's need and preference.
3. Shopping for those individuals who have no family in the area, and no other means to obtain groceries.

When: If a volunteer is available, they start driving at 5:00 a.m. and drive until 5:00 p.m. Monday through Friday. They drive on some Saturdays and Sundays, if a volunteer is available.

Where: FOS travels to appointments within Dutchess County as well as to medical appointments in Albany, New York City, Connecticut, and to Columbia, Putnam, Ulster and Westchester counties

How: They require at least two weeks' notice to reserve a ride. Please do not hesitate to call Friends of Seniors if you have an appointment "tomorrow." We will do the best we can to accommodate you. The ideal situation is that you call Friends of Seniors at 845-485-1277 as soon as you make your appointment, even if it is a year in advance.

Cost: There is no fee for services provided, although many clients prefer to donate \$5 to \$10 each time the client is served. All donations are tax-deductible.

Who: Dutchess County Office for the Aging Friendship Centers

What: The Office for the Aging transports seniors daily to Senior Friendship Centers where meals, recreational activities and the opportunity to socialize are offered along with periodic shopping trips.

Where/When:

1. Pawling on Tues. and Thursday
2. East Fishkill on Mon., Tues., Wed. and Thurs.

How: Call Pat Brown at 486-2555

Cost: Suggested donation is \$3

Who: St Denis Heart and Hands Outreach Ministry

What: This is a group of volunteers providing service to residents within the boundaries of the parish.

Where/When:

Can provide rides to physician appointments in the area, with one week notice

How: Call Diane O'Connor (845)221-2930

Cost: Free

Who: St Columba Care Ministry

What: This is a group of volunteers serving St. Columba registered parishioner's ONLY.

Where/When:

Can provide rides to physician appointments in the area and church services

How: Call Laurie or Maureen (845)227-7430

Cost: Free